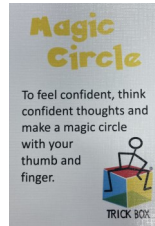


# ad sciurus

## THE SQUIRREL

Issue 26 Thursday 16th March 2023



It was so lovely to see so many families in for Pupil Progress meetings this week, there was a lovely buzz in school. The teaching team have fed back how positive it was to have time with families and our children talking through their successes and next steps. I was proud reading the reports and know I would have loved our reports for my own children (they were in school at a time of clicking on statements so not personal at all!) It was also good to hear from the families too, it was a good moment to celebrate what we do here at Lanesend. Thank you.

It has been a focussed week in school and the children have coped well with the strike days and Team Lanesend have supported brilliantly in adapting to ensure the children continue to have a learning experience that is engaging.

As we head towards the last two weeks before Easter we have more events planned starting with our Red Nose Day charity event with a cake sale (cake donations most welcomed) - This will take place outside the front office if the weather is kind to us or it will be in the Hall if not. Please bring in donations tomorrow morning either to your child's class or the front office. Thank you.

We are also supporting the day by coming in representing ourselves as the Mr. Men or Little Miss characters. I am looking forward to seeing all the children's and team's choices! We are asking for a £1 donation on your child's School Money. Thank you again.

Tomorrow, we are holding our Mother's Day celebrations and you should have received an invite to join your child in class at the following times:

Year R: 2.15pm  
Year 1: 12pm  
Year 2: 2pm  
Year 3: 11am  
Year 4: 10am  
Year 5: 11.15am  
Year 6: 12.45pm

On Monday, I am doing a learning walk with Mr. Andre on computing. We had a computing week last week and there was some excellent practice and learning taking place. We are taking a look at learning every day and then talking to the children about their learning. I would love all children to have access to an iPad to support learning and enable an online learning profile. I know the children's skills are much better than mine!

We are holding a Watersports meeting for Year 5 families and children on Monday evening live in school; 5pm in Miss Dove's classroom. To have the opportunity to partake in Watersports so close to home is just a wonderful opportunity for all our children. Please do let me know if you would like support for your child to join in.

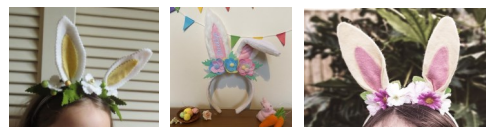
On Tuesday, we have Stephen Barret from DCAT coming in to school to start the due diligence for the Trustees to consider if the school would benefit from joining a Multi-Academy Trust. This will be a big step for the school as we have been a stand alone Academy Trust for a long time so it is important that everything is explored and considered before a decision is made. It is also our Outdoor Learning days where we take the learning outside! I would like to improve our outdoor areas with a bit of a spruce up and tidy. If you are available to help out on Tuesday then do come into school; we can offer a free lunch! We are also going to start designing our 'Queen's Garden' from the ideas that the children shared in the Autumn Term. Again, if there are any keen gardeners who would like to help, we would love your support!

On Wednesday, the Trustees are holding the Headteacher interviews. We have two candidates that have been invited into school. I wish them both the best of luck and will let you know over the coming weeks who the new Headteacher will be. (I will not be in on interview days but am contactable via email as always).

On Thursday, we have a fun visit from Ash Randall in school who is a Guinness Book World Breaking Football Skills Champion and free-style footballer.

On Friday next week, we begin our in school Lanesend Bread Bake Off! I am sure the smell of bread will travel far and wide, how lovely! I am so sorry we were not able to arrange visits to bakeries or farms, we did try very hard but it was just not a go for this term. However, we have lots of visits for the summer term around art, design and the imagination.

Easter will then be on the horizon for this year and we have decided that we would like the children to make and decorate some 'bunny ears' for our Easter competition this year. We will also hold some egg and spoon races, as well as our annual Easter Treasure Hunt. Thank you so much for all the egg donations so far. Please pop in any donations to the office.



We have booked in a Dance Live Celebration assembly Friday 24th March at 8.50am to give out the children's certificates, pin badges and watch the video together. All families of Dance Live children are welcome to join us.

I have booked in a Little Canada Meeting for Wednesday 29th March at 5pm as our visit takes place after the Easter holidays. The support for Little Canada this year has been fabulous.

The weather has been so much better than the forecast and spring feels so close.

Have a lovely weekend and to all our Mums, Sisters, Aunties, Step Mum, Step relatives, Nans and special ladies in our lives; have a wonderful day on Sunday.

*Caroline Sice, Headteacher*



# FOR YOU

Issue 26 Thursday 16th March 2023

Whole School Attendance:

93.1%

**Watersports Meeting Year 5—Monday 20th March at 5pm in school. UKSA will attending and showing a presentation as well. All Year 5 families and children welcome.**



Well done to Edie Mangnall who won an award at the Isle of Wight Dance and Drama Festival for her singing. Well done Edie, fabulous!

Easter Egg donations! We would love any donations of small, chocolate eggs for our Easter Egg Hunt on Thursday 30th March! Please bring this into the office or give to your child's teacher. Thank you so much in advance.



## This week's debate...



**Should Roald Dahl's books be changed for modern times?**



# Lanesend Conversation Starters...

Use these prompts with your children at home to start a conversation about their week in school...

**Reception— Talk to me about... Number bonds, part -whole models, double letters and using the equipment in P.E, connections in science**

**Words to use... Total, compare, amount.**

**Tips for the week... Learn new phonics sounds sent home on Friday.**

**We have been reading... We are all Wonders.**



**Year 1— Talk to me about....materials- which is the best material to build a boat? How did we investigate this?**

**Words to use... material, waterproof, float, sink.**

**Tips for the week...ask me how we have used cubes and bricks to measure.**



**We have been reading.....Where the Wild Things Are.**

**Year 2—Talk to me about ... division and sharing fairly**

**Words to use ... share, equal groups, lots of, divide**

**Challenge- how is multiplication and division linked?**

**Tips for the week...remember the importance of measuring accurately when weighing ingredients.**

**We have been reading... The far away tree**

**Year 3 – TALK TO ME ABOUT...light**

**WORDS TO USE... luminous, reflector, reflective, pupil, optical nerve, shadow, transparent, translucent, opaque.**

**TIPS FOR THE WEEK... check out the food packages at home. What is their mass? Is it displayed in grams or kilograms?**

**WE ARE READING... Charlotte's Web, by EB White**

**Year 5—Talk to me about... sports leadership. How did I earn this award?**

**Words to use... first person, second person and third person.**

**Tips for the week... When rounding to the nearest whole number or tenth, you can use the same logic as rounding to the nearest ten, hundred or thousand.**

**We have been reading... 'Secrets of A Sun King' by Emma Carroll.**

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit [www.nationalonlinesafety.com](http://www.nationalonlinesafety.com) for further guides, hints and tips for adults.

# Top Tips for Adopting SAFE & HEALTHY ONLINE HABITS

Everyone has so much going on in their lives, and that includes children: from exams and deadlines to anxiety and mental health struggles. It's quite easy to send memes, make jokes and vent online about the things that irritate us, but when was the last time you – or your child – took a moment to share something kind or positive instead? In fact, when did you last stop and think about your family's online activities? To help keep them safe and teach them healthy online habits, we need to develop our children's digital resilience. There are lots of ways that children can become more digitally resilient, and we've pulled together some popular strategies here ...

## WHAT IS DIGITAL RESILIENCE?



Resilience doesn't mean being so tough that nothing gets to you, and it's not about "putting up with things" either. Instead, it's the ability to recover from setbacks. Everyone feels sad, worried, scared or upset at times: it's how we respond and adapt to those situations which is important. Digital resilience is about making choices that keep us safe and happy online, even when we're exposed to something negative or upsetting. Building your child's digital resilience will help reduce the impact of potential risks as they engage with and navigate around the online world.

## MAKE POSITIVE LIFESTYLE CHOICES



- ✓ Make time for the people and things that make you happy.
- ✓ Monitor your screen time and stick to your limits.
- ✓ On social media, follow people that make you feel good about yourself – and unfollow the ones who don't.
- ✓ Spread some positivity: post good reviews, leave encouraging comments and share good news.

## KEEP YOUR HEALTH IN MIND



- ✓ Try to factor in regular breaks offline and away from your screen – ideally, outdoors for some revitalising fresh air.
- ✓ Exercise is a brilliant stress-buster: even a walk around the block, a bike ride or a stroll to your local shop can really work wonders.
- ✓ Be strict with yourself about putting devices away in plenty of time before bed: they can interfere with a good night's sleep, which is essential for staying healthy.

## REACH OUT FOR SUPPORT



- ✓ If you have a problem online, don't be afraid to reach out to specialist people or organisations that could help.
- ✓ Follow people on socials who have the same values and morals as you.
- ✓ You could always talk to a friend, or a trusted adult like a teacher or family member for some advice.

## PUT SAFETY FIRST



- ✓ If you see something online that upsets or worries you, tell a trusted adult about it as soon as possible.
- ✓ You could also report the content that's making you feel uncomfortable to the site or app that you saw it on, so they can look into it.
- ✓ Another option is to block the person or the account that's causing you a problem – or you could go one step further by totally deleting the app you were using.

## GET THINGS CLEAR IN YOUR HEAD



- ✓ Ask yourself what kindness online actually looks like. Can you remember the last time someone was kind or supportive towards you online? What did they do?
- ✓ Think about how it makes you feel when someone sends you a positive or funny message online.
- ✓ What about the opposite: has someone ever been deliberately unkind to you online? What did they do and how did it make you feel?
- ✓ If someone's behaviour online is causing you stress, try to remind yourself of all the steps you can take if a person's being unkind online.

## Meet Our Expert

Cayley Jorgensen is a registered counsellor with the Health Professions Council of South Africa, working in private practice to offer counselling to children, teenagers and young adults. She is the founder of Ingage Support, a mobile app focusing on mental health awareness with the goal of providing resources and solutions to schools worldwide.



**NOS** National Online Safety®  
#WakeUpWednesday

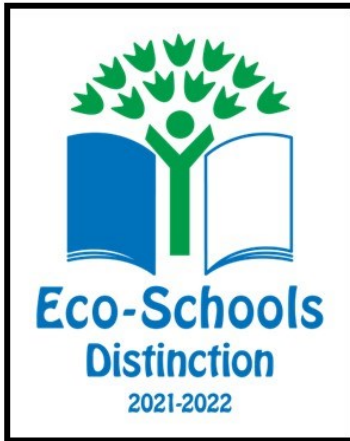
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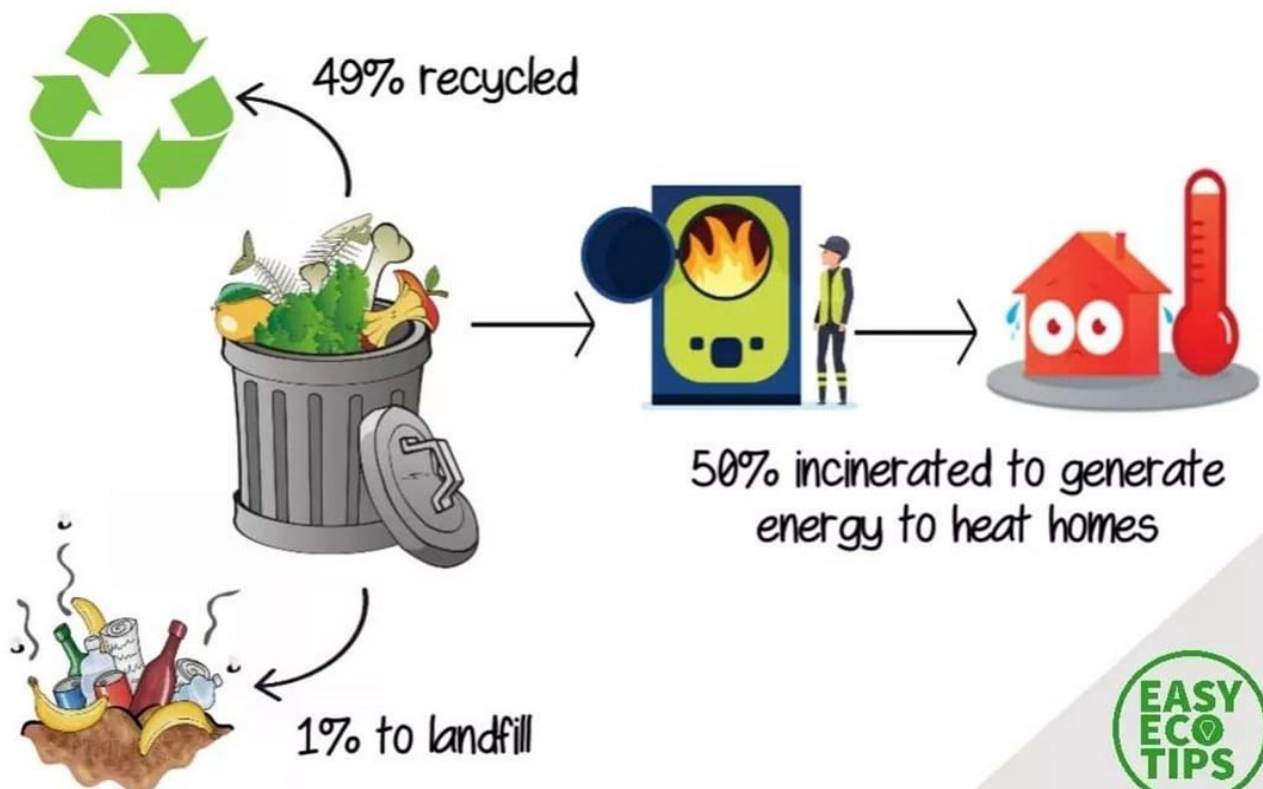
Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 15.03.2023



This is amazing! If only we could do the same thing in the UK. Think of all the benefits we would get from it.

# DID YOU KNOW

## How Sweden sends less than 1% waste to landfill





Skills Builder is LISTENING <https://www.skillsbuilder.org/homezone/listening-getting-started>

### Books to read and share with your child

- Howard B. Wigglebottom Learns to Listen by Susan Cornelison
- My Mouth is a Volcano by Julia Cook
- Listen Buddy by Helen Lester
- Lacey Walker, Nonstop Talker by Christianne C. Jones
- Worst Day of My Life Ever! by Julia Cook
- Why Should I Listen? by Claire Jewelllyn
- I Have a Little Problem, Said the Bear by Heinz Janisch
- Quiet Please, Owen McPhee! by Trudy Ludwig and Patrice Barto
- Wordy Birdy by Tammi Sauer
- Listen, Listen by Phillip Gershatzer



# Mindful March 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1	If you find yourself rushing, make an effort to slow down.	Take three calm breaths at regular intervals during your day.	1 Set an intention to live with awareness and kindness.	2 Notice three things you find beautiful in the outside world.	3 Start today by appreciating your body and that you're alive.	4 Notice how you speak to yourself and choose to use kind words.	5 Bring to mind people you care about and send love to them.
6	13 Pause to watch the sky or clouds for a few minutes today.	14 Find ways to enjoy any chores or tasks that you do.	15 Stop. Breathe. Notice. Repeat regularly.	16 Get really absorbed with an interesting or creative activity.	17 Look around and spot three things you find unusual or pleasant.	18 Have a 'no plans' day and notice how that feels.	19 Cultivate a feeling of loving-kindness towards others today.
7	20 Focus on what makes you and others happy today. <a href="http://daysof happiness.net">daysof happiness.net</a>	21 Listen to a piece of music without doing anything else.	22 Notice something that is going well, even if today feels difficult.	23 Tune into your feelings, without judging or trying to change them.	24 Appreciate your hands and all the things they enable you to do.	25 Focus your attention on the good things you take for granted.	26 Choose to spend less time looking at screens today.
8	27 Appreciate nature around you, wherever you are.	28 Notice when you're tired and take a break as soon as possible.	29 Choose a different route today and see what you notice.	30 Mentally scan your body and notice what it is feeling.	31 Discover the joy in the simple things of life.		

ACTION FOR HAPPINESS Happier · Kinder · Together



**Sandown Soccer - Isle of Wight**

# SANDOWN SOCCER

at The Bay CE Secondary

**FOR CHILDREN AGED 4-11**

Week 1: 3rd - 6th April  
 Week 2: 11th - 14th April

Mini-Soccer

camp for children. Aiming to provide a **fun and enjoyable** environment whilst **developing** and **improving** players footballing ability!

**10AM - 3PM    £12 a day**

- ★ FA Qualified coaches with enhanced DBS and up to date first aid and safeguarding training.
- ★ Fun football games to develop agility, balance, coordination and speed!
- ★ Win medals by becoming Penalty, Keepy-uppy, Crossbar or Speed Champion as well as our Best Attitude, Most Improved and Future Star awards!
- ★ Take part in the Sandown Soccer World Cup where one team will be crowned **WORLD CHAMPIONS!!!**



**Player of the day!**

**PLAYER OF THE DAY WINS A FREE SANDOWN SOCCER T-SHIRT!!!**

**SANDOWN SOCCER**

**5 hours of fun EVERY day!**

**10am - 3pm**

**Inclusive football for ALL abilities!**

**Only £12 a day!**

Find us on Facebook Sandown Soccer - Isle of Wight

Have questions or would like more information?

Contact Lewis (Mr Mitchell)

sandownsoccer@yahoo.com

**07594 389531**

**Children are welcome to come for one day or for ALL the days!**

**Attend at least 3 out of the 4 days during the week and win a medal for all of your hard work!**

**To book a place text your child's name, school year, dates and your name to 07594 389531**

LCF LANGUAGE CLUBS IOW

## AFTER-SCHOOL SPANISH FUN CLUB!

Email [lcflubs.iow@gmail.com](mailto:lcflubs.iow@gmail.com) to book your space and more information!

Sign up NOW - [www.clubenrolment.com/LCFlanguagesIOW](http://www.clubenrolment.com/LCFlanguagesIOW)



CHILDREN LEARN NEW LANGUAGES THROUGH FUN ACTIVITIES

Find out more at [www.lcflubs.com](http://www.lcflubs.com)

**CLUBS RUN AT LANESEND PRIMARY STRAIGHT AFTER SCHOOL EVERY THURSDAY FOR 1 HOUR - COME AND TRY IT OUT WITH YOUR FIRST SESSION FREE!**

Fun, educational and affordable after school childcare. Small groups with under 15 students. Open to children aged 4 to 11!

## JUNIOR NETBALL



Isle of Wight Netball Clubs are welcoming new junior members!

Clubs offer training and competitive matches in the Junior Isle of Wight league on Sundays at Seaclose Park, Newport.

**SKILLS**

**FITNESS**

**FRIENDS**

**FUN**



**Get in touch!**

**Solent Netball Club**  
Contact Chris Grimes: 07369504734, [cmg1504@gmail.com](mailto:cmg1504@gmail.com)

<b>Tuesday</b> Ryde Academy	<b>BEE Netball</b> Years 1-6 5.30pm - 6.30pm	<b>Years 7-10</b> 6pm - 7pm
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**Shorwell Netball Club**  
Contact Ann Selby: 07705750265, [easelby47@gmail.com](mailto:easelby47@gmail.com)

<b>Monday</b> Ryde School (winter) Seaclose Park (summer)	<b>Years 3-7</b> 5.30pm - 6.30pm	<b>Years 7-10</b> 6.30pm - 7.30pm
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**Additional Sessions**  
Years 3-10

**Wednesday**  
Seaclose Park  
5.30pm - 6.30pm

**Saturday**  
Ryde Academy  
10.30am - 11.30am



The Way Forward Programme  
presents



# Annie

and

# Oliver

## The Adventure

**FRIDAY 2nd JUNE 2023**

**6:45pm**

**Medina Theatre, Newport**

[www.wayforwardprogramme.org.uk](http://www.wayforwardprogramme.org.uk)

25 Daish Way, Newport, Isle of Wight, PO30 5XJ

Registered Charity Number: 1007947



## PLAY JUNIOR RUGBY

Vectis Rugby club have spaces open in our  
Under 8s (Year 3) and Under 12s (Year 7).  
*Every Sunday at IWRFC in Wootton at 10am.*

First two sessions are free  
Email for more information

Email: [vectisrfccoaching@gmail.com](mailto:vectisrfccoaching@gmail.com)  
[www.vectisrugby.co.uk](http://www.vectisrugby.co.uk)



Sessions are all delivered by experienced  
coaches with first aid qualifications and  
DBS Checks.

## Nature Nippers

Discover the world of little creatures in a natural environment  
Activities exploring nature

Pre-school children with parent/carer



**Tuesday 10 am–12pm**  
**At Naturezones, Blackwater**

**Cost £5 for parent + 1 child.**  
**Up to 2 more children £1/child**  
**Must book: [www.naturezones.org.uk](http://www.naturezones.org.uk)**



## TRAVELLING TALES

*Mildred Trotter loves two things, above all else: nature and stories.*

Tale upon tale, fact or fiction - it doesn't matter.

Mildred just loves stories!

She often strolls to her favourite place, under the trees - an enchanting spot to breathe and be.

Whoever would have thought the trees she loves the most would lead her to a new story adventure.

Join Mildred and her friend, Gertrude, in this lovely celebration of the seasons and being outdoors.

*Immerse yourself in togetherness, creativity, laughter, nature, mindfulness and a love of stories.*

Performances will take place at  
10.15am & 1.15pm on the following dates:

**3rd / 7th / 10th / 14th April**

£12.00 | £7.00  
per child per adult

BOOKING ESSENTIAL VIA OUR WEBSITE  
[www.thegarlicfarm.co.uk](http://www.thegarlicfarm.co.uk)



## GIRLS ONLY FOOTBALL



## INTRODUCING OUR

**SANDOWN SOCCER**

**GIRLS ONLY FOOTBALL SESSION!**

**OUR FUN SESSION WILL BE:**

**WHEN: Every Wednesday. 5pm to 6pm**

**WHERE: The Bay CE Primary School, Sandown**

**COST: £4 for the 1 hour session**

**To Book:** Text your child's name, school, year group and parent name to **07594 389531**



## Storytime at Ryde Castle

March 7th- Wednesday

March 21st- Elsa

April 4th- Harley Quinn

April 18th- Ariel

**Every second Tuesday between 4-5pm - Free Entry**